

Amplified Whole Health

Coach and Client Agreement

Coach's Commitment:

- I will hold my clients' well-being in highest regard
- I will treat my clients the way I want to be treated.
- I will treat each client fairly, affirm their unique strengths and experiences, and accept them who they are in the moment without trying to change them
- I will honor my clients autonomy by believing my clients are experts and know what is best for themselves, attending to my clients' goals rather than pushing my personal agenda, respecting my clients' freedom of choice and treating them with dignity even when their ideas are different than my own, and integrating my clients' ideas, abilities and strengths into the coaching plan.
- I will do good by my clients and cause no harm.
- I will authorities if my client is a danger to herself or others.
- I will be honest in all communications.
- I will truthfully identify the scope and limits of my qualifications, trainings, expertise and certifications.
- I will be reliable and timely.
- I will zealously guard my clients' Privacy and Confidentiality.
- I will not attempt to diagnose, treat or prescribe a remedy for any condition.
- I will refer client's to a qualified practitioner when their needs exceed my scope of practice.

Client's Commitment:

- I will be open and honest with myself and my coach.
- I will celebrate my successes.
- I will seek to evaluate any struggles as opportunities for improvement and give myself grace.
- I acknowledge that I am in control of my health and only I have the power to change it.
- I acknowledge that coaching will only be as effective as the effort I put into it throughout my days.
- I acknowledge that I will guide the direction of the coaching.
- I will speak with respect in the coaching relationship.
- I will respect my coach's time by honoring our appointments.
- I will commit to the action steps agreed upon between myself and my coach.

Client	
X	
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Print name:	Date: